BRISTOL HAWKS GYMNASTICS CLUB

<u>GYMNASTICS</u>	All courses must be paid for ONE week in advance			6 weeks Session	
MONDAY	BG Awards Grades 8-5	4yrs-8yrs	4.00pm - 4.45pm	£30.00	£5.00
	BG Awards Grades 4-2	5yrs-10yrs	4.45pm - 5.30pm	£30.00	£5.00
	BG 1 & Bronze, Silver, Gold Girls	7+yrs	5.30pm - 6.15pm	£30.00	£5.00
	Intermediate Boys Gym		4.45pm - 6.15pm	£54.00	£9.00
TUESDAY	BG Awards Grades 8-5	4yrs-8yrs	4.00pm - 4.45pm	£30.00	£5.00
	BG Awards Grades 4-2	5yrs-10yrs	4.45pm - 5.30pm	£30.00	£5.00
	BG 1 & Bronze, Silver, Gold Girls	7+yrs	5.30pm - 6.15pm	£30.00	£5.00
WEDNESDAY	BG Awards Grades 8-5	4yrs-8yrs	4.00pm - 4.45pm	£30.00	£5.00
	BG Awards Grades 4-2	5yrs-10yrs	4.45pm - 5.30pm	£30.00	£5.00
	BG 1 & Bronze, Silver, Gold Boys	7+yrs	5.30pm - 6.15pm	£30.00	£5.00
	Intermediate Girls Gym	7+yrs	4.45pm - 6.15pm	£54.00	£9.00
	Intermediate Boys Gym		6.30pm - 8.00pm	£54.00	£9.00
THURSDAY	BG Awards Grades 4-2	5yrs-10yrs	4.00pm - 4.45pm	£30.00	£5.00
	Young Intermediate	4yrs-6yrs	4.00 pm - 5.30pm	£54.00	£9.00
	BG Awards Grades 8-5	4yrs-8yrs	4.45pm - 5.30pm	£30.00	£5.00
	BG 1 & Bronze, Silver, Gold Girls	7+yrs	5.30pm - 6.15pm	£30.00	£5.00
FRIDAY	BG Awards Grades 8-5	4yrs-8yrs	4.00pm - 4.45pm	£30.00	£5.00
	BG Awards Grades 4-2	5yrs-10yrs	4.45pm - 5.30pm	£30.00	£5.00
	BG 1 & Bronze, Silver, Gold Boys	7+yrs	5.30pm - 6.15pm	£30.00	£5.00
	BG 1 & Bronze, Silver, Gold Girls	7+yrs	5.30pm - 6.15pm	£30.00	£5.00
SATURDAY	BG Awards Grades 8-5	4yrs-8yrs	9.45am - 10.30am	£30.00	£5.00
	BG Awards Grades 4-2	5yrs-10yrs	10.30am - 11.15am	£30.00	£5.00
	BG 1 & Bronze, Silver, Gold Boys	7+yrs	11.15am - 12.00	£30.00	£5.00
	BG 1 & Bronze, Silver, Gold Girls	7+yrs	11.15am - 12.00	£30.00	£5.00
	BG 1 & Bronze, Silver, Gold Girls	7+yrs	1.15pm - 2.00pm	£30.00	£5.00
	BG Awards Grades 4-2	5yrs-10yrs	2.00pm - 2.45pm	£30.00	£5.00
	BG Awards Grades 8-5	4yrs-8yrs	2.45pm - 3.30pm	£30.00	£5.00
	BG Awards Grades 8-5	4yrs-8yrs	3.30pm - 4.15pm	£30.00	£5.00
	BG Awards Grades 8-5	4yrs-8yrs	4.15pm - 5.00pm	£30.00	£5.00
	Free G	11-16yrs	5.00pm – 6.30pm	£54.00	£9.00
SHAOLIN MAR	TIAL ARTS AND YOGA				
MONDAY	YOGA		7.00pm - 7.30pm		£2.75
	Shaolin Martial Arts		7.30pm - 9.00pm	£5.00/hour; £7.00/ 1 1/2 hours	
THURSDAY	Shaolin Martial Arts Youngsters		6.30pm - 7.00pm		£2.75
	Shaolin Martial Arts		7.00pm - 8.30pm	£5.00/hour; £7.00/ 1 ½ hours	
FRIDAY	Shaolin Martial Arts		7.30pm - 9.00pm	£5.00/hour; £7.00/ 1 ½ hours	
SATURDAY	Shaolin Martial Arts		2.30pm - 6.00pm	£5.00/hour; £7.00/	/ 1 ½ hours
PAY AND PLAY	' SESSIONS			6 Sessions	Session
MONDAY, TUESI	DAY, WEDNESDAY, THURSDAY AND F	RIDAY			
	Parent & Toddler Play Session	18mths-4yrs	10.00am - 10.45am	£24.50	£4.50
	Parent & Toddler Play Session	18mths-4yrs	10.45am - 11.30am	£24.50	£4.50
	Parent & Toddler Play Session	2yrs-5yrs	11.30am - 12.15pm	£24.50	£4.50
SATURDAY					
	Parent & Toddler Play Session	18mths-4yrs	9.00am - 9.30am		£3.00
	Parent & Toddler Play Session	18mths-4yrs	12.15am - 12.45pm		£3.00

Please remember to register your gymnast at reception on arrival. Thanks.

Following 2 pay-as-you-go 'taster sessions' all gymnasts must be members of British Gymnastics. Membership for the year 1st October 2016 to 30th September 2017:

Non-competitive - Bronze	£17
Under 5yrs until 30/09/2017	£11
Competitive - Silver	£41

See Web Site for more details. www.bristolhawksgymnastics.org

Email: HJMBristolHawks@aol.com

WHY NOT PARK IN ALLHALLOWS

ROAD:

